

RESOLUTION NO. 24 for 2016

SETTING FORTH THE CITY OF SWEET HOME'S COMMITMENT TO PUT HEALTHY OPTIONS WITHIN REACH OF ALL RESIDENTS

WHEREAS, improving livability and community health are important goals; and

WHEREAS the nutrition and physical activity choices that individuals make for themselves and their families are influenced by their environment; and

WHEREAS local policies on land use & transportation, access to healthy food, and shared use determine whether options for healthy eating and active living are within reach of the people who live, work, go to school, play or worship in the city; and

WHEREAS high rates of costly chronic disease among both children and adults are correlated to environments with few or no options for healthy eating and active living; and

WHEREAS, the City of Sweet Home is a member of the League of Oregon Cities; and

WHEREAS, in 2010, the League of Oregon Cities Board of Directors resolved to partner with and support the national *Let's Move!* Campaign headed by the First Lady of the United States, and has encouraged Oregon cities to adopt preventive measures to fight obesity; and

WHEREAS, in 2012, the League of Oregon Cities Board of Directors resolved to partner with the Oregon Public Health Institute (OPHI) in the *Healthy Eating Active Living (HEAL) Cities Campaign*, and encouraged all Oregon cities to join the *HEAL Cities Campaign* and qualify as a HEAL City by accepting information, training and technical assistance from OPHI staff on policies to support healthier eating and increased physical activity levels for all residents, create more livable communities, and create a culture of wellness at municipal workplaces, and adopting at least one recommended HEAL policy; and

WHEREAS, the City of Sweet Home has a Worksite Wellness Program Policy with an active Wellness Committee; and

WHEREAS, the City of Sweet Home supports the Sweet Home Farmers Market by reserving the City Hall parking lot Tuesday afternoons during the summer months for the Market; and

WHEREAS, the City is an active sponsor of the Community Health Fair and Wellness Walk held in August; and

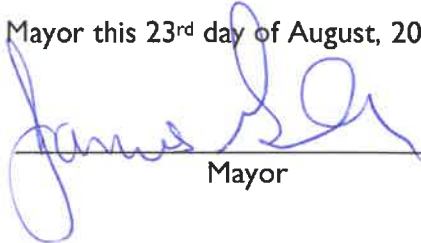
WHEREAS, the City assists with maintaining the South Trail System and co-sponsors running/walking events within the Community throughout the year;

NOW, THEREFORE, LET IT BE RESOLVED that the City Council hereby recognizes that joining the HEAL Cities Campaign has the potential to improve local livability and have a positive impact on the community's health and well-being. To that end, the City of Sweet Home adopts this HEAL Resolution;

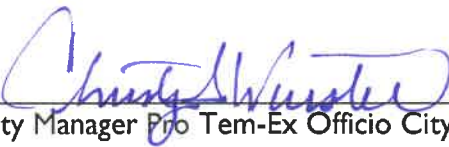
BE IT FURTHER RESOLVED that City of Sweet Home staff shall work with HEAL Cities Campaign Staff to explore HEAL policies and to identify those policies that are suitable for the City's unique local circumstances.

BE IT FURTHER RESOLVED Staff will report back to this Council with recommendations not later than 36 days from the date of this Resolution.

PASSED by the Council and approved by the Mayor this 23rd day of August, 2016.



Mayor



City Manager Pro Tem-Ex Officio City Recorder